



## **Spina Bifida and Hydrocephalus Association of Northern Alberta**

Box 35025-10818 Jasper Avenue, Edmonton, AB T5J 0B7  
Phone: (780) 451-6921 Email: [info@sbhana.org](mailto:info@sbhana.org) Website: [www.sbhana.org](http://www.sbhana.org)

### **ANNUAL GENERAL MEETING**

**October 21, 2009**

### **2008/2009 ANNUAL REPORT**

**Our Mission Statement:** To improve the quality of life for people affected by spina bifida and hydrocephalus through advocacy, research, education, and support.

#### **ADMINISTRATION**

##### **Office:**

- Alisha Brown continues to work 30 hours/week as our Program Manager
- New mailing address: Box 35025 10818 Jasper Ave, Edmonton AB T5J 0B7
- With a grant from Canada Summer Jobs, summer student Beth Moore worked in the office 30 hours/week from May-August on fund development

##### **Membership:**

- Our membership is now 204 (up an additional 17 members this year)
- 106 members renewed their membership during the last fiscal year

##### **Strategic Plan:**

- The Board continues to follow the Strategic Plan developed January 20, 2007 under the facilitation of Rob Hagg, Alberta Community Development
- The SBHANA Board has systematically reviewed the By-laws and has proposed changes to reflect the changes that SBHANA has seen over the past 25+ years

##### **Fund Development:**

- Casino – January 31<sup>st</sup> and February 1<sup>st</sup> 2009 , raised \$80,000
- Edmonton Gateway Rotary Club – Sponsored \$13,000 towards Camp Freedom again for 2008, as part of a partnership between Edmonton Gateway Rotary and SBHANA
- June Awareness Hot Dog Sale by Aniquea Thorowsky raised over \$1,000
- Keegan Benner Golf Tournament & Silent Auction occurred on June 19<sup>th</sup> 2009 – Raised over \$11,000
- Hope Classic Run/Walk/Wheel and Summer BBQ held on August 15, 2009 – Raised over \$11,000
- Donations in memory – we received almost \$2,000 in personal and company donations in memory of Keith “Buck” Schultz Jr.
- We are grateful to the Government of Albert for awarding us a Community Spirit Grant in the amount of \$11,092.50
- We are grateful to the City of Edmonton for awarding us a Community Investment Operating Grant in the amount of \$4,983.00
- We are grateful to Service Canada for a Canada Summer Jobs grant in the amount of \$4,116.00 to hire summer student Beth Moore to work on Fund Development



## **Spina Bifida and Hydrocephalus Association of Northern Alberta**

Box 35025-10818 Jasper Avenue, Edmonton, AB T5J 0B7

Phone: (780) 451-6921 Email: [info@sbhana.org](mailto:info@sbhana.org) Website: [www.sbhana.org](http://www.sbhana.org)

### **ADVOCACY**

- SBHANA is represented at meetings held by the following:
  - Office of Disability Issues
  - Interagency Committee on Recreation for Persons with Special Needs
  - Picture this Film Festival
  - Alberta Disability Forum
  - Spinal Cord Injury Treatment Centre Society
  - AADL stakeholder meetings
- Member of the Alberta Disability Forum
- Member of the Edmonton Regional Coalition for Inclusive Education
- Roxanne has been actively involved in advocacy regarding: driver assessment process, adult clinic review, teaching wheelchair skills, social justice module development for occupational therapists and Integrated Dance

### **RESEARCH**

- Funded \$2000 towards research by Dr. Vivian Mushahwar aimed at prevention of pressure ulcers
- Informed eligible members of the SBHANA of opportunities to participate in the research studies such as:
  - Intermittent Catheterization research by Dr. Katherine Moore and Dr. Darcie Kidoo
  - Pressure Ulcer Prevention research by Dr. Vivian Mushahwar
  - SANDI Research Project by Dr. Jack Fletcher and Dr. Maureen Dennis

### **COMMUNITY BUILDING**

- Donated \$100 in support of the 2009 Wheelbasics Wheelchair Skills Camp at the Glenrose

### **EDUCATION**

#### **SB/H Awareness:**

- International Day of Disabled Persons (IDDP) – SBHANA had a display at the City of Edmonton run celebration event on December 3<sup>rd</sup>, 2008
- Gateway Rotary Club – Presentation given by Maureen Letchford on modifications and renovations to make housing accessible
- Began work on Quality of Life Video which will highlight the wide range of abilities possessed by individuals with spina bifida and hydrocephalus
- June Awareness Month:
  - Bridge banners were placed on three overpasses around the city (Wayne Gretzky Drive & 106 Avenue, Whitemud Drive & 111 Street, and Whitemud Drive and 53<sup>rd</sup> Avenue) from June 14-27.
  - Tent cards were put up in cafeterias in the following hospitals: U of A, Royal Alex, Misericordia, North East Community Health Centre, Grey nuns, Edmonton General, Glenrose.

#### **Educational Assistants Conference:**

- The SBHANA participated in the February 20<sup>th</sup> and 21<sup>st</sup> 2009 Educational Assistants Conference at Grant MacEwan College again this year, setting up a display and making Education Manuals available



## **Spina Bifida and Hydrocephalus Association of Northern Alberta**

Box 35025-10818 Jasper Avenue, Edmonton, AB T5J 0B7

Phone: (780) 451-6921 Email: [info@sbhana.org](mailto:info@sbhana.org) Website: [www.sbhana.org](http://www.sbhana.org)

### **MEMBER SUPPORT**

#### **Newsletter:**

- Winter, Spring & Autumn editions published this year with many member contributions

#### **Social Activities:**

- Christmas Party held December 13<sup>th</sup>, 2008 with 150 people in attendance
- Summer BBQ held in conjunction with the Hope Classic on August 15<sup>th</sup>, 2009 with 150 people in attendance
- Mom's Night Out (kids 0-12) was held on April 22, 2009 at Boston Pizza with approximately 10 moms in attendance

#### **Camp Freedom:**

- 10<sup>th</sup> annual camp was held from August 6<sup>th</sup> – 9<sup>th</sup> 2009 with 27 campers participating and 12 volunteers contributing their time and skills

#### **Support Fund:**

- Approved 28 different support fund requests with a total value of \$17,801
- Budget has been increased to \$18,000/year

#### **Scholarship:**

- Corey McDonald and Erin Michelle Chu are the recipients for the Dr. Peter Bowen Scholarship, receiving \$1000 towards their post-secondary education

#### **Wheelchair Loaner Program:**

- 2 Quickie Kids wheelchairs available for short-term loans

#### **New Parent/ New to the City Gift Bags:**

- Assembled by Sharon Veeneman and distributed through the Spina Bifida Clinics at the Glenrose Rehabilitation Hospital

#### **NoLimits Support Evenings**

- Delivered NoLimits support evenings 8 times between October 2008 and September 2009 with 44 members participating during the year, and 9 guest speakers

#### **SBHAC:**

- Renewed our membership with the Spina Bifida & Hydrocephalus Association of Canada
- Donated \$2,000 towards Operating Costs for SBHAC
- Doug McEwen is representing SBHANA on the SBHAC Board of Directors
- Alisha Brown has been representing the SBHANA at the national level regarding the Federation Framework and the board has provided much input and feedback into the federation process