



What is the Hope Classic for Spina Bifida & Hydrocephalus?

- The Spina Bifida and Hydrocephalus Association of Northern Alberta (SBHANA) will host the 3rd annual Hope Classic Walk, Run, Wheel event on August 21, 2010 at Rundle Park in Edmonton.
- This is a family-friendly, non-competitive, Canada-wide event Participants of all abilities walk, run, or wheel through a 5km or 8km paved course.
- The purpose of this event is to: 1) raise awareness and funds for Spina Bifida and Hydrocephalus associations across Canada; 2) promote an understanding of disability issues and mobilize support for the dignity, rights and well being of persons with disabilities; 3) increase awareness of the gains to be derived from the integration of people with disabilities in every aspect of life.

How/Where do I register for the Hope Classic?

There are 3 ways that you can register:

1. Online at <http://www.events.runningroom.com/site/?raceld=5729>
2. Pick up, fill in, and mail a registration form with payment to the SBHANA office: SBHANA, Box 35025 - 10818 Jasper Ave, Edmonton AB, T5J 0B7. If paying by cheque, please make cheques payable to SBHANA Hope Classic.
3. Fill in a registration form and deliver it with payment (payable to SBHANA Hope Classic) to our office located at #305 11010-101 Street in Edmonton.

Why is the registration fee so expensive?

- The registration fee helps cover the cost of the race.

Where will the money from registration and pledges go?

- Funds from registration fees and individual pledges will be split 80% / 20% between the SBHANA, and the Spina Bifida and Hydrocephalus Association of Canada (SBHAC). All company or corporate pledges and donations will stay in Alberta.
- A huge thank you goes to the Running Room for donating their expertise and services to contributing to the success of this event.

What if I want to participate in the Hope Classic, but I can't afford the registration fee?

- A limited number of subsidies are available for people who are unable to afford the registration fee. Please contact the SBHANA Office at 780-451-6921 for more information.

How do I get pledge forms? (available in early July)

- Pledge forms will be available at the following Running Room locations:
8537 109th Street (Edmonton Main Store)
9100 Walterdale Hill (Kinsmen Sports Centre)
#236 6655 178th Street (Callingwood Marketplace)
9610 165th Avenue (Namao Centre)
10012 21 Avenue (South Edmonton Common)
547 Riverbend Square (Riverbend Square)
#104, 2000 Premier Way (Sherwood Park)
#17 St. Anne Street (St. Albert)
- Pledge forms can also be picked up from our office (#305 11010-101 Street, Edmonton) and at the Spina Bifida Clinics at the Glenrose Hospital.
- We can also mail you a pledge/registration form upon request.



Do I need to register before I start collecting pledges?

- Yes, in order to ensure that we have enough supplies for all participants.

Are those who pledge money eligible for a tax receipt?

- Yes. A tax receipt will be issued for all donations over \$10.

How can pledges and donations be made for the Hope Classic?

- **Pledges** can be made:
 1. Directly to a participant who will submit them to SBHANA (if using a cheque, make cheques payable to SBHANA Hope Classic),
 2. Online through the Running Room's online pledge system (<http://www.giving.runningroom.com/hm/>)
 3. Online through CanadaHelps.org (<http://www.canadahelps.org/CharityProfilePage.aspx?CharityID=s28452>) by selecting the Hope Classic Run/Walk/Wheel fund designation and specifying a participant in the Message section.
- **Donations** can be made through the following:
 1. Cheques (payable to SBHANA Hope Classic) can be sent by mail to SBHANA, Box 35025 10818 Jasper Avenue, Edmonton AB T5J 0B7 or dropped off in person to our office located at #305 11010-101 Street.
 2. Online through the Running Room's "Giving" program (<http://www.giving.runningroom.com/hm/>)
 3. Online Payment through CanadaHelps.org (<http://www.canadahelps.org/CharityProfilePage.aspx?CharityID=s28452>) by selecting the Hope Classic Run/Walk/Wheel fund designation and specifying the name of the person who is participating in the Message section.

Can I plan to just attend the barbecue?

- Yes! Everyone is welcome to attend the BBQ. There will be food and fun for all ages! Please RSVP to Alisha at 780-451-6921 or info@sbhana.org by August 7, 2010 with the number of adults and children who will be attending the BBQ.

What time will the barbecue start?

- The BBQ will start when all participants finish the race, at approximately 11:30am. Food will be served from 11:30am until 1:30pm.

Where will the Hope Classic & BBQ be and will it be accessible?

- The Hope Classic & BBQ will be held at Rundle Park (Entrance at 113th Avenue and 29th Street). Rundle Park is fully accessible and has a brand new accessible playground.
- This is the same location as our event last year.

Can I volunteer?

- Yes! We are looking for volunteers to help with: registration, parking/traffic control, water stations, set-up and clean-up, photography, route marshals, entertainment, and the BBQ (food prep, cooks, servers). Please contact the Hope Classic Volunteer Coordinator Alison Barnfather at eeway@shaw.ca if you would like to volunteer or for more information.

Who do I contact if I have any questions?

- If you have any questions, contact the SBHANA Program Manager Alisha by phone at 780-451-6921 or by e-mail at info@sbhana.org.